

SOCIAL SCIENCE REVIEW ARCHIVES

ISSN Online: 3006-4708

ISSN Print: 3006-4694

https://policyjournalofms.com

The Role of Socioeconomic Status in FinTech Adoption and Financial Access Examining the Mediating Effect of Socioeconomic Disparities

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DOI:https://doi.org/10.70670/sra.v3i1.437

Abstract

Financial technology (FinTech) has revolutionized access to financial services, particularly in developing economies. However, disparities in socioeconomic status (SES) continue to shape individuals' ability to engage with digital financial solutions. This study investigates the relationship between FinTech adoption and financial access, with a specific focus on the mediating role of SES. Using Partial Least Squares Structural Equation Modeling (PLS-SEM), the study analyzes survey data to examine the impact of income, education, and employment status on financial inclusion through digital platforms. The findings reveal that FinTech adoption significantly enhances financial access, but SES plays a crucial mediating role in determining the extent of its benefits. Higher-income, well-educated individuals are more likely to engage with advanced FinTech solutions, while lower-income individuals face barriers such as limited digital literacy, lack of internet access, and distrust in financial institutions. The study highlights policy implications, emphasizing the need for financial literacy programs, digital infrastructure expansion, and inclusive regulatory frameworks to bridge the digital divide. These insights contribute to the growing discourse on financial inclusion by demonstrating that while FinTech holds promise in expanding access to financial services, its full potential remains unevenly distributed across socioeconomic groups. Addressing these challenges is essential for fostering an inclusive and equitable financial ecosystem in emerging markets.

Keywords: FinTech Adoption, Financial Access, Socioeconomic Status, Digital Divide, Financial Inclusion, PLS-SEM, Developing Economies

Introduction

Background of the Study

Financial technology (FinTech) has transformed the global financial landscape, introducing digital solutions that enhance financial accessibility, efficiency, and innovation. The rapid integration of mobile banking, peer-to-peer lending, block chain, and artificial intelligence in financial services

has significantly reshaped how individuals and businesses interact with financial institutions (Arner, Barberis et al. 2017). While FinTech holds great potential for fostering financial inclusion, its adoption and accessibility are influenced by various socioeconomic factors, including income levels, education, digital literacy, and financial awareness. Socioeconomic status (SES) plays a crucial role in determining an individual's ability to utilize digital financial services effectively (Hippocrates, Green et al.). In developing regions, FinTech is often positioned as a tool for promoting financial inclusion by reducing traditional barriers such as geographic constraints and high transaction costs (Demirguc-Kunt, Klapper et al. 2018). However, while FinTech adoption has increased, there remains a stark divide in usage patterns across different SES groups. Individuals from higher SES backgrounds generally exhibit greater access to digital banking services, online credit facilities, and investment platforms, whereas those from lower SES backgrounds face challenges such as low digital literacy, limited internet access, and lack of trust in digital financial services (Gomber, Koch et al. 2017). This disparity raises concerns regarding the extent to which FinTech can truly bridge financial inclusion gaps, particularly in regions with pronounced economic inequalities (Khan, Khan et al. 2023). The Hazara region of Pakistan provides an ideal context to examine this issue due to its diverse socioeconomic composition and varying levels of financial literacy. While Pakistan has seen substantial growth in FinTech adoption, significant portions of the population remain unbanked or underbanked due to socioeconomic limitations (Khan, Kutan et al. 2024). Therefore, understanding the role of SES in shaping the relationship between FinTech adoption and access to financial services is crucial for policymakers, financial institutions, and technology developers to design inclusive financial solutions (Khan, Sohail et al. 2023).

Problem Statement

Despite the increasing availability of FinTech solutions, financial exclusion remains a persistent challenge in many developing regions. The digital divide, influenced by SES disparities, affects the ability of individuals to leverage FinTech for financial empowerment. Prior research has established that while FinTech can enhance financial access, the extent of its benefits is not uniform across different SES groups (Hasan et al., 2020). Studies highlight that individuals with higher education, stable income, and technological proficiency are more likely to engage with digital financial services than those facing economic and educational disadvantages (Demirguc-Kunt, Klapper et al. 2018). In Pakistan, financial inclusion remains a pressing issue, with many individuals lacking access to basic banking services (Noreen, Mia et al. 2022). The Hazara region, characterized by economic diversity and rural-urban disparities, presents a compelling case to investigate the role of SES in FinTech adoption and financial accessibility. The study seeks to explore whether FinTech can serve as an equalizing force in financial services or if SES continues to create a significant gap in access. The research aims to answer the following key questions:

- How does SES influence the adoption of FinTech in the Hazara region?
- What are the primary barriers faced by lower SES groups in accessing FinTech services?
- Can FinTech mitigate financial exclusion among socioeconomically disadvantaged populations?

Research Objectives

This study aims to achieve the following research objectives:

- 1. To assess the impact of socioeconomic status on FinTech adoption in the Hazara region.
- 2. To examine the relationship between FinTech adoption and access to financial services.
- 3. To identify the specific SES factors that act as barriers or facilitators in utilizing FinTech solutions.

4. To provide policy recommendations for enhancing financial inclusion through digital financial services.

Research Gap

The existing literature on FinTech and financial inclusion primarily focuses on developed economies, where digital financial infrastructure is well-established. Studies in developing countries, particularly in South Asia, have largely explored FinTech adoption from a technological perspective, with limited emphasis on socioeconomic determinants (Arner, Buckley et al. 2020). While some research highlights the role of SES in financial accessibility, there is a lack of empirical studies that systematically investigate how SES moderates the relationship between FinTech adoption and access to financial services in Pakistan. This study addresses this gap by focusing on the Hazara region, offering insights into how SES influences FinTech adoption in a developing economy. The research contributes to the literature by examining FinTech's potential to enhance financial inclusion while acknowledging structural constraints that may prevent equitable access to digital financial services. By incorporating a socioeconomic lens, the study aims to provide a comprehensive understanding of FinTech adoption patterns among different SES groups.

Significance of the Study

The findings of this study will have significant implications for multiple stakeholders. For policymakers, understanding the role of SES in FinTech adoption can guide the development of targeted financial inclusion policies. By identifying socioeconomic barriers, regulatory authorities can implement interventions such as digital literacy programs, financial incentives, and infrastructure development to enhance FinTech accessibility for lower SES groups. For financial institutions and FinTech firms, the study offers insights into consumer behavior and the specific needs of diverse socioeconomic segments. By tailoring financial products to accommodate users from varying SES backgrounds, FinTech providers can expand their customer base while promoting inclusive financial growth. Moreover, development organizations and NGOs working on financial inclusion initiatives can use the study's findings to design effective community-based programs aimed at bridging the financial accessibility gap.

Scope of the Study

The study focuses on the Hazara region of Pakistan, examining the socioeconomic factors influencing FinTech adoption and financial service access. It considers key SES indicators such as income, education, employment status, and digital literacy. The research employs a mixed-methods approach, integrating quantitative surveys and qualitative interviews to capture a holistic view of the challenges and opportunities related to FinTech adoption. The study's scope is limited to individual FinTech users rather than business entities, ensuring a focused analysis on personal financial behavior. While the findings may be generalizable to other regions with similar socioeconomic characteristics, the study acknowledges contextual differences that may limit broader applicability.

Literature Review

Socioeconomic Status and Financial Inclusion

Socioeconomic status (SES) plays a significant role in shaping individuals' financial behavior and access to financial services. SES, typically defined by income, education level, employment status, and social class, determines an individual's ability to adopt and utilize financial technologies (Singh, Sharma et al. 2023). According to Demirgüç-Kunt et al. (2018), individuals with higher

SES have better financial literacy, access to banking services, and greater participation in formal financial markets. In contrast, low-SES individuals often lack the necessary financial knowledge, digital literacy, and economic resources to engage effectively with financial institutions, thereby exacerbating financial exclusion (Demirguc-Kunt, Klapper et al. 2018). SES also influences trust in financial institutions and willingness to adopt new financial technologies. Hilbert (2016) suggests that higher-income and well-educated individuals are more likely to use FinTech solutions due to their familiarity with digital platforms and ability to navigate complex financial products. Conversely, lower-SES individuals may exhibit resistance to FinTech adoption due to concerns over security, lack of digital access, or financial illiteracy (Hasan, Hassan et al. 2020). This disparity highlights the need for targeted interventions that address the SES-related barriers to financial inclusion.

FinTech Adoption and Financial Access

Financial technology (FinTech) has revolutionized the financial sector by improving access to financial services, particularly in underserved regions. Mobile banking, peer-to-peer lending, and digital payments have facilitated greater financial inclusion by reducing transaction costs and eliminating geographical barriers (Arner, Barberis et al. 2017). Studies by Ozili (2020) and Gomber et al. (2017) show that FinTech adoption has significantly enhanced financial service accessibility, especially in rural areas where traditional banking infrastructure is limited (Gomber, Koch et al. 2017). Despite its benefits, FinTech adoption remains uneven across different socioeconomic groups. Research by Mckee et al. (2015) indicates that while digital banking has expanded, individuals from lower-income backgrounds remain excluded due to technological constraints, lack of awareness, and regulatory limitations. Hasan et al. (2020) found that individuals with low income and education levels struggle to use FinTech solutions due to limited financial and digital literacy. This underscores the role of SES as a determinant of FinTech adoption and financial access (Hasan, Hassan et al. 2020).

The Relationship Between Socioeconomic Status and FinTech Adoption

The adoption of FinTech solutions varies significantly depending on socioeconomic factors. Individuals with higher SES tend to embrace digital financial services due to their economic stability, digital literacy, and access to advanced financial products (Hilbert, 2016). In contrast, lower-SES individuals face multiple barriers, including lack of trust, limited internet access, and minimal technological exposure (Ozili 2020). Research by Porteous (2019) indicates that SES influences not only the likelihood of adopting FinTech but also the extent to which individuals engage with digital financial services. High-SES individuals are more likely to utilize investment and wealth management tools, whereas low-SES users primarily engage in basic transactions such as remittances and bill payments. This pattern suggests that while FinTech can improve financial access, its impact varies based on an individual's socioeconomic background (NG'ANG'A PIUS)

Socioeconomic Status as a Mediator Between FinTech Adoption and Financial Access

The role of SES in mediating the relationship between FinTech adoption and financial access has been a subject of growing interest. According to Demirgüç-Kunt et al. (2018), financial inclusion efforts must consider SES disparities to ensure equitable access to financial services. Individuals with lower SES face significant challenges in using FinTech solutions effectively, even when they have access to digital banking platforms (Gomber, Koch et al. 2017) Empirical studies suggest that SES mediates financial access by influencing individuals' ability to navigate digital financial services (Hasan, Hassan et al. 2020). For example, individuals with higher education levels and stable employment are more likely to understand and trust FinTech solutions, leading to greater

financial inclusion. In contrast, low-SES individuals may require additional support, such as financial literacy programs and policy interventions, to bridge the digital divide (Ozili 2020).

Research Hypotheses

Based on the literature review, the following hypotheses are proposed:

- **H1**: There is a significant relationship between socioeconomic status and FinTech adoption.
- **H2**: FinTech adoption has a positive impact on access to financial services.
- **H3**: Socioeconomic status significantly mediates the relationship between FinTech adoption and access to financial services.
- **H4**: Higher-income individuals are more likely to adopt FinTech solutions compared to lower-income individuals.
- **H5**: Individuals with higher education levels are more likely to use FinTech services for financial transactions.
- **H6**: Employment status positively influences an individual's likelihood of using FinTech services.
- **H7**: Lack of digital literacy among low-SES individuals negatively affects their access to financial services.

Data Analysis Model and Results

The data analysis model for this study is based on the Partial Least Squares Structural Equation Modeling (PLS-SEM) approach. PLS-SEM is used due to its suitability for exploratory research and its ability to handle complex relationships between constructs. The study employs a reflective-formative model where FinTech Adoption and Financial Access are reflective constructs, while Socioeconomic Status (SES) is a formative construct composed of income level, education, and employment status. The model examines both the direct and mediating effects of SES in the relationship between FinTech Adoption and Financial Access.

Statistical Analysis Methods

- **Descriptive Statistics**: To summarize key characteristics of the dataset.
- **Reliability and Validity Testing**: Using Cronbach's Alpha, Composite Reliability (CR), and Average Variance Extracted (AVE).
- Structural Equation Modeling (SEM): To analyze relationships between variables.
- **Mediation Analysis**: To test the role of SES in the relationship between FinTech Adoption and Financial Access.

Data Analysis and Results

1. Descriptive Statistics

This section provides an overview of the study sample based on key demographic and financial attributes.

Variable	Mean	Std. Deviation	Minimum	Maximum
Age	35.4	7.8	22	60
Income Level (PKR)	125,000	48,500	30,000	300,000
Education Level (1=Low, 5=High)	3.8	1.2	1	5
FinTech Usage (1=Never, 5=Always)	3.5	1.1	1	5

Variable	Mean	Std. Deviation Minimum Maximum		
Financial Access (1=Low, 5=High)	3.9	1.0	1	5

Discussion

The sample consists of individuals with diverse backgrounds. The mean income level is PKR 125,000, with significant variation. The education level leans towards moderate to high, with an average of 3.8 out of 5. FinTech usage shows moderate adoption (Mean = 3.5), indicating a need for further financial literacy initiatives.

2. Reliability and Validity Analysis

Before proceeding with hypothesis testing, reliability and validity checks were conducted.

Construct	Cronba	ach's Alpha Composite Relia	bility (CR) AVE
FinTech Adoption	0.81	0.87	0.64
Financial Access	0.79	0.85	0.61
Socioeconomic Statu	ıs 0.83	0.89	0.67

Discussion:

Cronbach's Alpha values exceed the 0.7 threshold, indicating strong internal consistency. Composite reliability (CR) values above **0.85** confirm measurement reliability, and the AVE values (all >**0.50**) confirm convergent validity.

3. Structural Equation Modeling (SEM) Results

The **PLS-SEM model** was used to analyze direct and indirect relationships.

Direct Effects

Relationship	Path Coeffici	ent (β) t-Valu	e p-Valu	e Decision
FinTech Adoption → Financial A	access 0.52	7.14	0.000	Supported
SES → Financial Access	0.48	6.82	0.000	Supported
FinTech Adoption → SES	0.57	7.89	0.000	Supported

Mediation Analysis (SES as a Mediator)

Indirect Relationship	Path (β)	Coefficient t- Value	p- Value	Mediation Type
FinTech Adoption → SES → Financia Access	1 0.27	5.48	0.000	Partial Mediation

Discussion:

- FinTech Adoption has a strong and positive effect on Financial Access ($\beta = 0.52$, p < 0.001).
- SES significantly influences Financial Access ($\beta = 0.48$, p < 0.001), confirming that higher socioeconomic groups have better access to financial services.
- The mediation analysis reveals that SES partially mediates the relationship between FinTech Adoption and Financial Access ($\beta = 0.27$, p < 0.001), meaning that SES strengthens the effect of FinTech usage on financial inclusion.

4. Hypothesis Testing Summary

Hypothe	esis Statement	Decision
H1	SES positively influences FinTech Adoption	Supported
H2	FinTech Adoption positively affects Financial Access	Supported
Н3	SES positively influences Financial Access	Supported
H4	SES significantly mediates the relationship between FinTech Adoption and Financial Access	Supported
Н5	Higher-income individuals are more likely to adopt FinTech	Supported
Н6	Higher education level increases FinTech adoption	Supported
H7	Employment status positively influences FinTech usage	Supported

Discussion and Implications

Key Findings:

1. FinTech Adoption Significantly Improves Financial Access

The study confirms that adopting digital financial services leads to improved access to banking, credit, and other financial products. This supports previous findings by Ozili (2020) and (Gomber, Koch et al. 2017) on FinTech's role in expanding financial inclusion.

2. SES Determines FinTech Adoption and Financial Access

SES emerged as a strong predictor of both FinTech Adoption and Financial Access. Individuals with higher education, stable income, and employment status have greater access to financial services.

3. Mediation Effect of SES

The partial mediation effect of SES suggests that while FinTech adoption directly improves Financial Access, this effect is stronger among individuals with higher SES. This finding aligns with Hilbert (2016) and Hasan et al. (2020), who found that wealthier and better-educated individuals benefit more from digital financial services.

Policy and Practical Implications:

- Enhancing Digital and Financial Literacy: Governments and financial institutions should introduce financial literacy programs to help low-SES individuals effectively use FinTech services.
- Expanding Affordable FinTech Solutions: Policymakers should promote affordable mobile banking and microfinance solutions for low-income individuals.
- **Bridging the Digital Divide**: Expanding internet and smartphone access in rural areas can increase FinTech adoption and financial inclusion.

Future Research Directions:

- Investigating the role of gender and cultural factors in FinTech adoption.
- Exploring the impact of government policies and regulatory frameworks on financial inclusion.

• Conducting longitudinal studies to track how SES influences FinTech adoption over time.

Final Discussion

This study provides empirical evidence on the relationship between FinTech adoption, socioeconomic status (SES), and financial access, with a particular focus on the mediating role of SES. The results confirm that FinTech adoption significantly enhances financial access; however, its impact varies based on an individual's SES. These findings align with previous research emphasizing the role of income, education, and employment status in shaping financial inclusion outcomes (Demirgüç-Kunt et al., 2018; Hasan et al., 2020; Ozili, 2020). The direct effect of FinTech adoption on financial access ($\beta = 0.52$, p < 0.001) indicates that digital financial solutions facilitate greater participation in financial services. This supports Arner et al. (2017) and Gomber et al. (2017), who found that mobile banking, digital payments, and online credit services have revolutionized financial access, particularly for underserved populations. However, despite these advantages, low-SES individuals face barriers such as digital illiteracy, lack of trust in financial technology, and limited access to internet-enabled devices (Hilbert, 2016; Porteous, 2019). The mediating role of SES ($\beta = 0.27$, p < 0.001) further reinforces that while FinTech improves financial inclusion, its benefits are not equitably distributed. High-income, well-educated individuals engage more deeply with FinTech services, using them for wealth generation and financial management (Hilbert, 2016). In contrast, low-income individuals predominantly use these services for basic transactions such as remittances and bill payments, reflecting a digital divide in financial access (Ozili, 2020). Another significant finding is that education positively influences both FinTech adoption and financial access. Higher-educated individuals are more financially literate, technologically proficient, and better equipped to navigate financial products (Lusardi & Mitchell, 2014). Similarly, employment status was found to be a strong determinant of financial inclusion, as individuals with stable jobs are more likely to trust financial institutions and adopt digital financial services (Demirgüc-Kunt et al., 2018). These findings highlight systemic challenges in promoting universal financial inclusion. Although FinTech holds promise in bridging financial gaps, it cannot entirely overcome socioeconomic disparities. Governments and financial institutions must implement targeted interventions, such as:

- Financial and digital literacy programs for low-income groups.
- Subsidized internet access and mobile banking solutions.
- Regulatory frameworks ensuring consumer protection and transparency in digital financial services.

Conclusion

This study investigated how FinTech adoption impacts financial access and the mediating role of socioeconomic status (SES) in this relationship. The findings confirm that FinTech adoption significantly enhances financial access, yet SES plays a crucial role in determining the extent to which individuals can benefit from financial technology. High-income, well-educated individuals experience greater financial inclusion through FinTech, while low-income individuals face barriers related to digital literacy, financial knowledge, and access to technology. The study supports the argument that financial technology alone cannot bridge financial disparities (Hilbert, 2016; Hasan et al., 2020). While digital banking and mobile payments have expanded access to financial services, the full benefits of FinTech remain unevenly distributed across socioeconomic groups. This aligns with Demirgüç-Kunt et al. (2018), who emphasized that financial inclusion policies

must address both economic and technological inequalities. Future research should explore additional factors such as gender, geographic location, and cultural influences on FinTech adoption. Moreover, a longitudinal approach could provide deeper insights into how SES shapes FinTech engagement over time. By addressing the underlying barriers preventing low-income individuals from fully utilizing digital financial services, policymakers can create a more inclusive financial ecosystem.

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